

I'm tattered and torn,

Im weary and worn.

Will this pandemic never end?

There is fake news and fear -

or "Get vaxed over here!"

And too many mourn the loss of a friend.

Who knows how much more

this world can endure.

Is this nature in 'modus retaliation'?

But take a moment, take 5!

Thank God each day you're alive

and for the wonder of his creation.

There is stillness and calm,

there is beauty and charm.

Give yourself permission to stand

in the spaces God shares.

Where we realise He cares,

and let him lead you out by the hand.

I'm tattered and torn,

I'm weary and worn:

This madness it seems has no end.

But with faith and with prayer

I know I'll get there

because I walk hand in hand with a friend.

By Reader Marion Hewis